## BAWO WETHU



This is from the Missa Zimbabwe - a beautiful version of the Lord's Prayer. When we're dancing we usually sing just a variant of the first line (Our Father, who art in heaven, may your name be glorified), but a full version is recorded on Sunshine in the Ears.

NOTE - Rhythmically, this song is divided into two parts. These are usually referred to as the lead part and the response. The dance is different depending on which part you are singing.

RESPONSE DANCE: Face clockwise, processing in circle. The hips lead the body in this movement, undulating, arms and shoulders expressing the music.

Bawo Wethu, Usezulwini, Sidumisa, Igama Lakho 12 3 4 5 6 1 2 3 4 5 6

MAIN PART DANCE: Face centre in a tight group within the circle of dancers doing the response part. Dance is mainly a resounding stamp, accompanied by a clap, at the end of each phrase.

Bawo Wethu STAMP! Usezulwini STAMP! Sidu Misa STAMP! Igama Lakho STAMP! Move as you please between stamps.

Dancers move at will between parts. Sometimes the stamping group will turn to face out, making eye contact with the ring of dancers, each group inspiring the other towards more prodigious stamping or more expressive undulations!